



# DREAMCASTING YOUR RETIREMENT



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## HOW TO IDENTIFY & CREATE YOUR DREAM RETIREMENT

Retirement looks different for everyone. Americans are living longer than ever and are enjoying active, exciting retirements. This worksheet is designed to help you identify what's important to you and develop ideas for how you will use your time once you're no longer working.

**Who would I like to spend my time with?**

**What are some simple activities I enjoy doing every day?**

**What have I always wanted to do, but never had the time?**

**What gives me a sense of accomplishment?**

**What's on my bucket list?**

**What am I passionate about?**



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**What gives my life purpose?**

**Where would I like to spend most of my time?**

**What would I like more of in my life?**

**What would I like less of in my life?**

**How will I stay active and healthy?**

**What hobbies and activities do I enjoy?**

**What skills have I gained that might be valuable in a second career or volunteer work?**